




WEEKLY ACTIVITIES

- Mon. April 29** 10:00 am Tai Chi
1:00 pm McKay's Shopping Trip
(If you have books, bring them to trade in for credit)
- Tues. April 30:** 10:00 pm Low Impact Exercise
2:00 pm Game: True or False??
- Wed. May 1:** 10:00 am Chair Yoga
2:00 pm May Day Party at the Park!
- Thur. May 2:** 10:00 am Light Weightlifting
Staff Workday - No Activities
- Frid. May 3:** 10:00 am Walk-A-Mile
2:00 pm Apples-to-Apples Game 



CINCO DE MAYO

"Cinco de Mayo" means the fifth of May in Spanish.

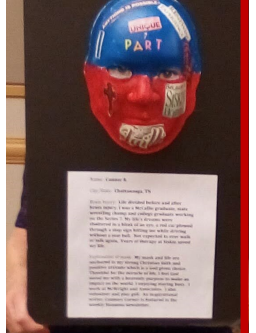
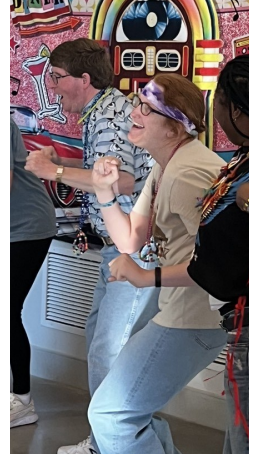


81 million pounds of avocados are eaten on Cinco de Mayo every year in the United States.
#guacamole





Los Angeles has the largest celebration of Cinco de Mayo in the world.



Rockin' the Decades Party at Chillin' Like Villains



CABIA Luncheon