



### WEEKLY ACTIVITIES

- Mon. March 4:** 10:00 am Tai Chi  
2:00 pm Monday Movie Madness
- Tues. March 5:** 10:00 pm Low Impact Exercise  
2:00 pm Gospel Karaoke
- Wed. March 6:** 10:00 am Chair Yoga  
2:00 pm Art with Mary
- Thur., March 7:** Staff Workday - No Activities
- Frid., March 8:** 10:00 am Walk-a-Mile  
BBQ Sammies for Lunch  
2:00 pm Enjoy Some Whiskey!!  
(That is ...'Whiskey,' the therapy dog!!)



Today's lesson or message, my Hosanna friends, is likely one that

### Connor's

Corner

you have heard before. But, because it was reiterated to me and other Hosanna residents just a few days ago by a caring staff member while explaining her unique talent, as well, I want you to focus on its importance.

Now, admittedly, our talented staff are all women and to avoid any hassle, inappropriate comments or any problems, I will simply report her incredible ability after explaining what I feel we all need help with. How many times have you heard, "Be careful. Watch what you say. You never know if your words might hurt someone and might even harm you. And you never know who might hear you anyway."

We never pay attention. We always mumble or turn away with a cute remark. Well, I will forewarn you. This staff person admitted she's heard far more than she wanted to. It's not her mission to cause any discomfort nor will she try to get anyone in trouble. But our friend admits she can hear "a rabbit pee on cotton." So to help us all, learn to "Think it - only. Just don't say it." If you choose to say it, you will pay the consequences.



FREE (!) Wings at Buffalo Wild Wings!!

