



WEEKLY ACTIVITIES

- Mon. Dec. 11:** 10:00 pm - Tai Chi
5:30 pm - Christmas Dinner - Hope House
7:00 pm - Dessert & Band - Faith House
- Tues. Dec. 12:** 10:00 pm - Low Impact Exercise
4:30 pm - Leave for Asian Lantern Festival
- Wed. Dec. 13:** 10:00 am - Chair Yoga
2:00 pm - Art with Mary
- Thur., Dec. 14:** 10:00 am - Light Weightlifting
2:00 pm - Staff Work Day - No Activities
- Frid., Dec. 15:** 10:00 am - Walk-a-Mile
2:00 pm - Advent Tea at Hope House



HOSANNA DOES *Dollywood* 2023!

