

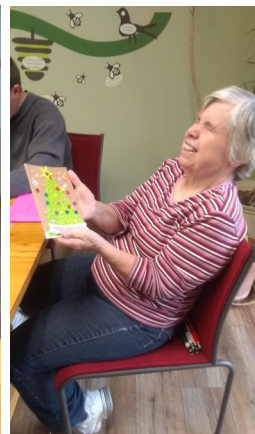


### WEEKLY ACTIVITIES

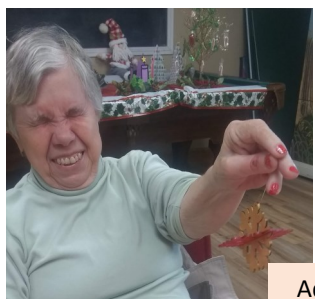
- Mon. Dec. 4:** 10:00 pm - Tai Chi  
2:00 pm - Surprise Activity!
- Tues. Dec. 5:** 10:00 pm - Low Impact Exercise  
6:00 - 8:00 - Chillin' Like Villains Holiday Dance
- Wed. Dec. 6:** 10:00 am - Chair Yoga  
2:00 pm - Art with Mary
- Thur., Dec. 7:** 10:00 am - Light Weightlifting  
2:00 pm - Staff Work Day - No Activities
- Frid., Dec. 8:** 10:00 am - Walk-a-Mile  
2:00 pm - Advent Tea at Hope House



- \* Did you know that December 26 is National Candy Cane Day??**
- \* Almost 2 BILLION candy canes are made every year!**
- \* Almost all of those candy canes are sold in the month before Christmas**
- \* The longest candy cane ever made was 61 feet long!**
- \* Candy canes have been around for about 600 years!**



Santa's Early Helpers!! Thank you, Janet Vandergriff and the Salvation Army Ladies Auxiliary for thinking of Hosanna Community with the delivery of filled Christmas stockings for each of our residents!! So generous & thoughtful!



Advent Teas, Ornaments, Cards ... Getting Ready the Holidays

