WEEKLY ACTIVITIES

Mon. Jan. 22: 10:00 am Tai Chi

2:00 pm B-I-N-G-O!

Tues. Jan. 23: 10:00 pm **Low Impact Exercise**

> 2:00 pm Karaoke

Wed. Jan. 17: 10:00 am **Chair Yoga**

> 2:00 pm **Art with Mary**

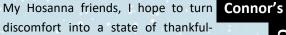
Thur., Jan. 18: 10:00 am **Light Weightlifting**

> 2:00 pm **Staff Work Day - No Activities**

Hosanna Community:

Frid., Jan. 19: 10:00 am Walk-a-Mile





ness. What I mean is: If the weather changes - with significant temperature, heavy rain, sleet, high winds, possible snow storms - which can occur and disturb you, I

ask you to be realistic.

Okay ... Let's be honest. No, I don't welcome blizzards, etc. At the same time, God prepares rain for the earth He formed because the earth needs it. Let's also admit that human survival relies on rain and snow. As a result, we need to be very thankful for our blessings to remain during the drastic shift of climate and weather changes.



























