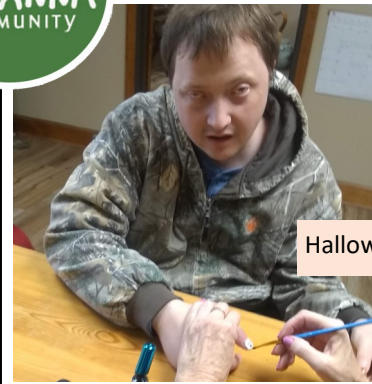




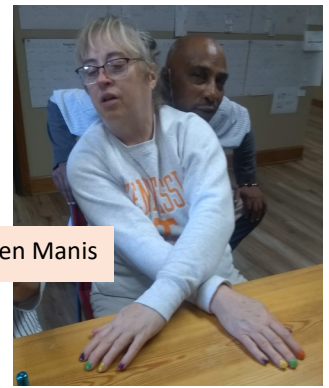
WEEKLY ACTIVITIES

- Mon. Oct. 30:** 10:00 pm - Chair Pilates
2:00 pm - Karaoke
- Tues. Oct. 31:** 10:00 pm - Low Impact Exercise
5:30 pm - **HALLOWEEN at HOSANNA!!**
- Wed. Nov. 1:** 10:00 am - Chair Yoga
2:00 pm - Art with Mary
- Thur., Nov. 2:** 10:00 am - Light Weightlifting
2:00 pm - Staff Work Day - No Activities
- Frid., Nov. 3:** 10:00 am - Walk-a-Mile
2:00 pm - Go to the Park!

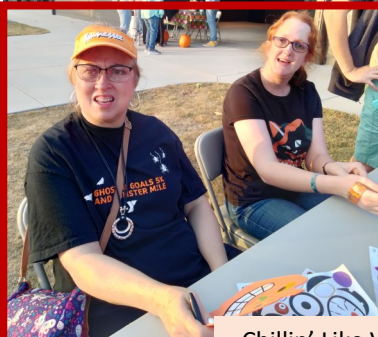
**WELCOME,
NOVEMBER**



Halloween Manis



Ashleigh Singing
at Church



Chillin' Like Villains Fall Festival at Greenway Farms

