

WEEKLY ACTIVITIES

- Sat. Oct. 8:** 4:00 p.m. - WalMart Trip
- Mon. Oct. 9:** 10:00 pm - Wall Pilates
2:00 pm - Play Giant Checkers Outside!
- Tues. Oct. 10:** 10:00 pm - Light Weightlifting
2:00 pm - Halloween Nails!
- Wed. Oct. 11:** 10:00 am - Chair Dance Yoga
2:00 pm - Art with Mary
- Thur., Oct. 12:** 10:00 am - Stretching
2:00 pm - Word Search
- Boo In The Zoo!! Bus leaves at 4:30 pm**
- Frid., Oct. 13:** 10:00 am - Walk-a-Mile
2:00 pm - No Activities



A night of fun, food, fireworks & 'futball' (soccer) for Hispanic Heritage Night at the Chattanooga Football Club!!

