Getting Ready for the Special Olympics!

## **WEEKLY ACTIVITIES**

Mon. Sept. 11: 10:00 pm - Tai Chi

2:00 pm - Monday Movie

Tues. Sept. 12: 10:00 pm - Low Impact Exercise

2:00 pm - Christian Karaoke

Wed. Sept. 13: 10:00 am - Chair Dance Yoga

2:00 pm - Art with Mary

Thur., Sept. 14: 10:00 am - Light Weight-Lifting

2:00 pm - Work on Fundraiser Project

**Hosanna Community:** 

Frid., Sept. 15: 10:00 am - Walk-a-Mile

2:00 pm - Surprise Activity!

9:30 am - St. Alban's Pancake Breakfast Sat., Sept. 16:































