



WEEKLY ACTIVITIES

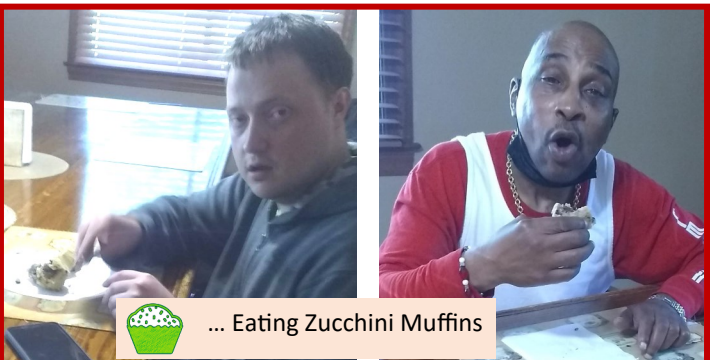
- Mon. Aug. 21:** 10:00 am - Tai Chi
2:00 pm - Cooking with Beth
- Tues. Aug. 22:** 10:00 pm - Low Impact Exercise
2:00 pm - Make a Stress Ball
- Wed. Aug. 23:** 10:00 am - Chair Dance Yoga
2:00 pm - Art with Mary
6:00 pm - Chillin' Like Villains Bowling
- Thur., Aug. 24:** 10:00 am - Simple Stretches
2:00 pm - No Activities - Staff Work Day
- Frid., Aug. 25:** 10:00 am - Walk-a-Mile
2:00 pm - WalMart



Happy Birthday, Sherolyn!



Making Zucchini Muffins ...



... Eating Zucchini Muffins



My Hosanna friends, I am pleased to share **Connor's** Kristen Chenoweth's message to kids and their families in her children's book entitled, "What Will I Do With My Love Today?"

She is eager to point out that, "Love as much as you can everyday, and you'll see."

By her own admission that she is adopted, Kristin has learned that adoption means family, and family is forever. With a cute confession, "And I don't do math," she captures our attention with this important discovery ... "The more love you put out, the more love you get back."



Maybe the Beatles were right in their popular song, "All We Need is Love." I urge us all to realize giving love is a lesson we all need more than ever.