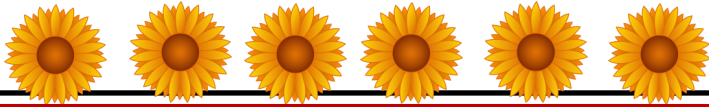




WEEKLY ACTIVITIES

- Mon. July 24:** 10:00 am - Tai Chi
2:00 pm - Monday Movie Madness
- Tues. July 25:** 10:00 pm - Light Weight Lifting
2:00 pm - Work on Hostess Art Project
- Wed. July 26:** 10:00 am - Chair Dance Yoga
2:00 pm - Art with Mary
- Thur., July 27:** 10:00 am - Low Impact Exercise
2:00 pm - No Activities - Staff Work Day
- Frid., July 28:** 10:00 am - Walk-a-Mile
2:00 pm - Director's Choice!



Congratulations, Connor, on winning the Level Two Unified 9-Hole in the Special Olympics East Tennessee Regional Golf Tournament. Connor, who has been golfing since he was 8 years old, had to qualify to participate in the tournament at Bear Trace. Just as great, he got to ride in a golf cart AND his partner was Lamar Mills, Regional Director, Tennessee Golf Foundation.

Okay, Hosanna friends. I am a strong believer **Connor's** in the Biblical lesson: "It is better to give than receive." I feel we need to spend more of our energy expressing gratitude to both God and other people when we are given a gift. We should continually give thanks to the Lord for His love and mercy along with the amazing miracles He creates for us. The habit of encouraging and insisting our children/youth say "thank you" is actually harder to accomplish as we grow older. We realize it is necessary to thank God consistently and continually, knowing His promise that He is everywhere and in everything. ALWAYS. I absolutely feel this is well-deserving to give appreciation and thanks. If you agree, I ask you to begin giving more gratitude. You'll find yourself happier when you do.

Corner



Bowling at Spare Time!



Fun with Hixson United Middle Schoolers

