WEEKLY ACTIVITIES

Mon. June 5: 10:00 am - Tai Chi

2:00 pm - Monday Movie Madness

Hosanna Community:

Tues. June 6: 10:00 am - Low Impact Exercise

2:00 pm - No Activities

Wed. June 7: 10:00 am - Chair Dance Yoga

2:00 pm - WalMart Trip

Thur., June 8: 10:00 pm - Low Impact Exercise

2:00 pm - Staff Work Day

Frid., June 9: 10:00 am - Walk-a-Mile

2:00 pm - Chester Frost (weather permitting)











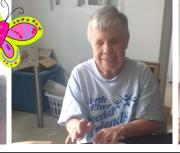




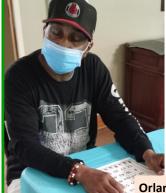




Finishing the Garden Butterfly Box









Orlando: Asleep at the wheel for Bingo!

Connor's My Hosanna friends, I have some useful advice that strengthens Theresa Trantham's opinion: "Be Kind" found on the donated wall art at Hope House.

My hope is for us all to avoid being angry, bitter, coldhearted or resentful because being arrogant, cocky and rude will give reason to shorten your life. Remember what the Bible says in Proverbs: "A relaxed attitude lengthens life."

If you've ever been amazed at people in their late eighties who remain young at heart, just remember that your spirit never ages.

So, Theresa, thanks for your clear and direct advice: Kind."

It will help us all, eternally.



