



## WEEKLY ACTIVITIES

**Mon. Mar. 13:** 10:00 am - Tai Chi  
2:00 pm - Monday Movie Madness

**Tues. Mar. 14:** 10:00 am - Yoga & Stretching with Susan  
No Afternoon Activities

**Wed. Mar. 15:** 10:00 am - Chair Dance Yoga  
2:00 pm - Art with Mary

**Thur., Mar. 16:** 10:00 am - Low Impact Exercise  
No Afternoon Activities

**Frid., Mar. 17** 10:00 am - Walk-a-Mile  
2:00 pm - Surprise Activity!!

## "50-plus-Mile Club Members"!!

You have walked 50 MILES or MORE!!!  
Your outstanding efforts in the weekly  
"Walk-a-Mile Challenge" will be recognized on Friday,  
March 17 with a special celebration!!

★ Connor	★ Orlando	★ Sherolyn
★ Keller	★ Tina	★ Susan E.

Turn Your Clocks Ahead

ONE  
HOUR  
Before You  
Go to Bed  
Saturday  
Night!



Daylight  
Savings Time  
Starts This  
Weekend!  
Enjoy an extra  
hour of  
daylight!!



A shopping trip to McKay's Books



Bruce & Carol Bishop, Bruce's sister Lesley & an arborist visited Hosanna to plant apple trees in memory of Michael



Decorating an Easter Tree

