



## WEEKLY ACTIVITIES

**Mon. Feb. 13:** 10:00 am - Tai Chi

2:00 pm - Cooking with Beth

**Tues. Feb. 14:** **HAPPY VALENTINE'S DAY!!**

10:00 am - Tai Chi

2:00 pm - Valentine's Day **BINGO**

**Wed. Feb. 15:** 10:00 am - Chair Dance Yoga

2:00 pm - Art with Mary

**Thur., Feb. 16:** 10:00 am - Low Impact Exercise  
Staff Work Day (no afternoon activities)

**Frid., Feb. 17:** 10:00 am - Walk-a-Mile

2:00 pm - Bon Fire with S'Mores  
(Weather Permitting!)



Thank you, Provino's (& Hosanna Board Members!).  
Our 'Celebration Dinner' was amazing.



What a super fun night ... The "Sweetheart Dance," sponsored by Chattanooga Parks & Rec .... Food, dancing, dancing, dancing and best of all, a chance to catch up with old friends - and make new ones!!

