



WEEKLY ACTIVITIES

- Mon. Jan. 23:** 10:00 am - Tai Chi
2:00 pm - Monday Movie Madness
- Tues. Jan. 24:** 10:00 am - Working with Weights Workout
2:00 pm - To Be Decided
- Wed. Jan. 25:** 10:00 am - Chair Dance Yoga
2:00 pm - Learn the Electric Slide!!!!
- Thur., Jan. 26:** 10:00 am - Low Impact Exercise
Staff Work Day (no afternoon activities)
- Frid., Jan. 27:** 10:00 am - Walk-a-Mile
2:00 pm - Electric Slide Practice

Happy Pie Day!



Monday, January 23



Who are those masked people? Country Karaokeers!



Post-Mall Walking: Fast Food Friday @ Chik-Fil-A



Today, my Hosanna Community friends, I want you all to consider the benefits of making sure to always look beyond and beneath the surface. Jesus instructs us with a very important message in the Bible. The food He offers the hungry isn't a gift of bread loaves and fish. It is manna.

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Corner

The purpose of Jesus' asking the needy crowd "to look beyond" is to teach them there is a definite difference between actual food that perishes, and the gift of life that, with God's help, lasts forever. Jesus also has to remind the crowd which was fed loaves and fishes that He is the bread of life.



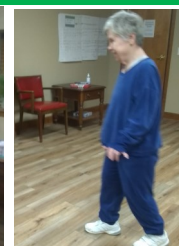
To reach for the bread of life is an assurance that we will never be hungry or thirsty again. In other words, "look beyond," and you will realize God is always with us.

And that's an eternal promise.



What's Up With the Electric Slide??

Why are we working so hard on learning the "Electric Slide" line dance? It's been around since 1976 and is usually danced to a song called, "Electric Boogie." But even today, the dance is a huge favorite at weddings, celebrations, school dances, or just about any place where people want to dance and have a good time - including the upcoming Parks and Rec "Sweetheart Dance!" So put on your dancing shoes, and join in on the fun!



Learning the 'Electric Slide'!