



## WEEKLY ACTIVITIES

- Mon., Nov. 14:** 10:00 am - Tai Chi  
 11:30 am - Lunch, Hope House with guests,  
 Sisters of Charity of Nazareth  
 2:00 pm - Monday Movie Madness
- Tues. Nov. 15:** 10:00 am - Walk Around Hosanna  
 2:00 pm - No activity! Rest, get cleaned up &  
 dressed for Thanksgiving dinner with  
 Board of Directors members
- Wed., Nov. 16:** 10:00 am - Chair Dance Yoga  
 2:00 pm - Art with Mary
- Thur., Nov. 17:** 10:00 am - Low Impact Exercise  
 2:00 pm - Chalk Board Games
- Frid., Nov. 18:** 10:00 am - Surprise Activity!!



Pies.Pies.Pies.  
 Chess, Pecan,  
 Pumpkin and  
 more! It's St.  
 Alban's Holly Jolly  
 Market. As a  
 fundraiser,  
 Hosanna is selling  
 homemade pies  
 for a \$10 (or  
 more!) donation  
 at the market.

What are the most popular pies at  
 Thanksgiving??

- \* Apple \* Pumpkin \* Pecan
- \* Sweet Potato

What pie was served at the first  
 Thanksgiving? **NONE!** Pilgrims didn't  
 have flour & butter to make a pie  
 crust.



After the pie-baking & cookie-decorating, we need some exercise.  
 Chair dance yoga to "Sugar, Sugar" by The Archies. Appropriate!

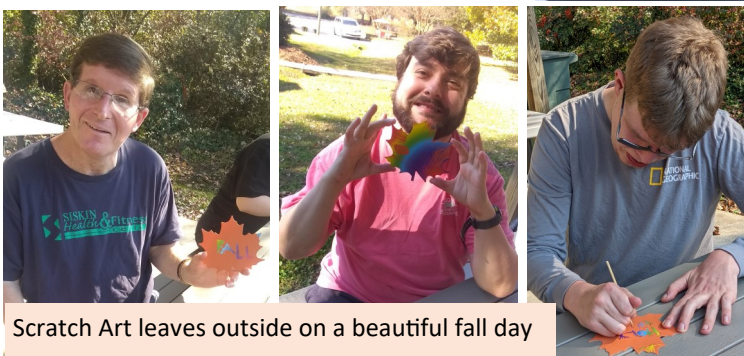


Day of the Dead  
 cookies sure look  
 sweet (and  
 tastesgood too)

### Making



table  
 decor



Scratch Art leaves outside on a beautiful fall day

