



WEEKLY ACTIVITIES

Mon., Sept. 5: HAPPY LABOR DAY!!

10:00 am - Tai Chi

2:00 pm - **LABOR DAY BINGO**

Tues. Sept. 6: 10:00 am - Take a Walk Outside

2:00 pm - Tuesday Movie: Napoleon

Wed., Sept. 7: 10:00 am - Chair Yoga

2:00 pm - WalMart

Thur., Sept. 8: 10:00 am - Low Impact Exercise

5:40 pm - Bus Loads Up for Chillin' Like Villains
Baseball Game

Frid., Sept. 9: 10:00 am - Walk-a-Mile

2:00 pm - Surprise Activity



Okay, guys, let's think about this for a **Connor's**
couple of minutes: All we all grow from child-
hood into adulthood, we face many changes,
differences and experiences. Admittedly, we go
through change in a vast amount of differences,
and no, we are not, nor never will be the same.
However, I want you to carefully consider what I
believe to be a truthful comment from therapist,
father and author Craig B. Lounsborough:

"The difference between a 'man' and
a 'father' is that the former shares his
genes, but the latter gives his life."

Relax as you consider that.

