



WEEKLY ACTIVITIES

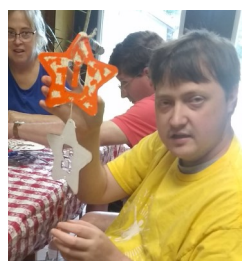
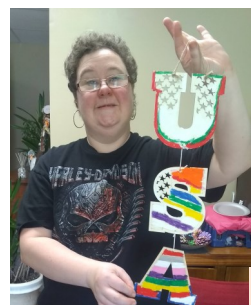
- Mon., Aug. 29:** 10:00 am - Tai Chi
2:00 pm - Monday Movie Madness: Hope House
- Tues. Aug. 30:** 10:00 am - Mall Walking
2:00 pm - Gospel Karaoke
- Wed., Sept. 1:** 10:00 am - Chair Yoga
2:00 pm - Art with Mary
- Thur., Sept. 2:** 10:00 am - Low Impact Exercise
2:00 pm - Cooking with Beth
- Frid., Sept. 3:** 10:00 am - Walk-a-Mile
2:00 pm - Spa Day



St. Alban's Pancake Breakfast & Flea Market



Although I do enjoy having a powerful biblical verse to strengthen an argument, I do not feel being able to quote the Bible on a whim is in any way advantageous. The Bible is quite complex. That said, please pay close attention: There are actually a few, select verses that give direct attention to the focus and reason for the Bible's publication. James 2:8 could be preached in every pulpit on every Sunday worship service. It convincingly states: "If you really keep the royal law found in the scripture, **'Love your neighbors as yourself,'**" you are doing right. This, my friends, captures the theme of God's word. Peace.



Making USA door hangers for Labor Day

