



## WEEKLY ACTIVITIES

**Mon., May 30: *HAPPY MEMORIAL DAY***

10:00 a.m. -Tai Chi

2:00 p.m. -Games & Activities

**Tues. May 31:** 10:00 a.m. -Walking with Susan D.!!!

2:00 p.m. -National Smile Day BINGO!!

(with really special prizes!)

**Wed., May 25:** 10:00 a.m. -Chair Yoga

2:00 p.m. -Art

**Thurs., May 26:** 10:00 a.m. -Low Impact Exercise

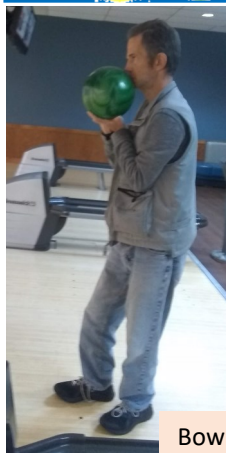
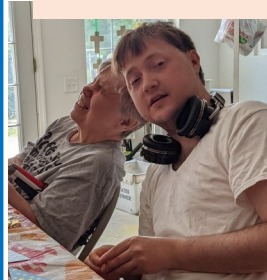
2:00 p.m. -Activity

**Frid., May 27:** 10:00 a.m. -Walk-a-Mile

2:00 p.m. -Director's Choice



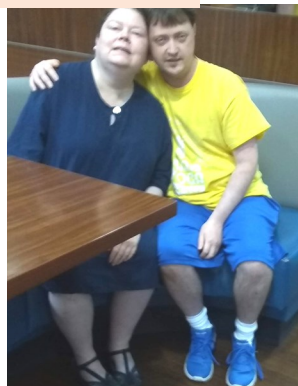
Making a Poster to Welcome Back Carolyn!!!



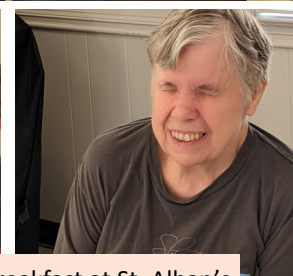
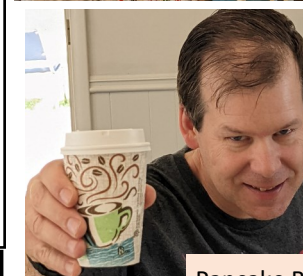
Bowling at Spare Time!



Ice Cream and Dominoes



Thank you,  
Joe Woodall,  
for driving  
the Hosanna  
bus to Spare Time and  
helping out during the game.  
It was a great afternoon, and  
we couldn't have done it  
without you!



Pancake Breakfast at St. Alban's



### What Are You Doing at 3:00 p.m. Memorial Day?

Did you know Congress has set aside an exact moment for remembering those we honor on Memorial Day?

The National Moment of Remembrance Act was adopted in December 2000. It urges citizens to pause on Memorial Day at 3 p.m. local time to remember the brave men and women who died in service to our nation. Major League Baseball games often stop playing at 3 p.m. for a minute or so for the Moment of Remembrance. The past several years, Amtrak train engineers sound their horns at 3 p.m.