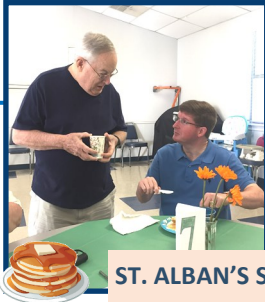
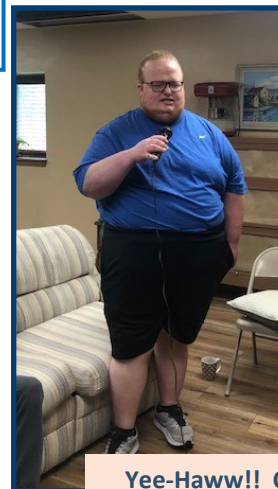


**WEEKLY ACTIVITIES**

- Mon., May 16:** 10:00 a.m. -Tai Chi
2:00 p.m. -WalMart Trip
- Tues. May 17:** 10:00 a.m. -Mall Walking w/ Signal Center (leave 9:40 am)
2:00 p.m. -Cantaloupe Sorbet - yummm..
- Wed., May 18:** 10:00 a.m. -Chair Yoga
2:00 p.m. -Chester Frost
- Thurs., May 19:** 10:00 a.m. -Breakfast @ McDonald's - Bring Your Own \$\$\$
2:00 p.m. -Low Impact Exercise
- Frid., May 20:** 10:00 a.m. -Walk-a-Mile
2:00 p.m. -Art Activity
- Sat., May 21:**

It's Back!**9:00 A.M.****ST. ALBAN'S EPISCOPAL CHURCH
SATURDAY PANCAKE BREAKFAST!!****ST. ALBAN'S SATURDAY PANCAKE BREAKFAST 2019****Making Suncatchers in Art Class****We have crops!! Spinach, lettuce, kale & more!****Yee-Haww!! Country Karaoke!!**