WEEKLY ACTIVITIES

Mon., Apr. 18: 10:00 a.m. -Tai Chi

2:00 p.m. -Pictionary/Hangman

Tues. Apr. 19: Apr. 19: HAPPY BIRTHDAY, SUSAN E!

10:00 a.m. -Mall Walking w/ Signal Center (leave 9:40 am)

Hosanna Community:

2:00 p.m. -Movie and Popcorn!

Wed., Apr. 20: 10:00 a.m. -Chair Dance Yoga

2:00 p.m. -Crafts

Thurs., Apr. 21: 10:00 a.m. -Low Impact Exercise

No afternoon activities...Get ready for this evening's CABIA picnic

Bus leaves Hope House at 5:30 for CABIA picnic

Frid., Apr. 22: 10:00 a.m. -Walk-a-Mile

2:00 p.m. -Happy Earth Day!

We're going to plant seeds & work in the garden.





































