



WEEKLY ACTIVITIES

Mon., Mar. 21: **HAPPY BIRTHDAY, MICHAEL!**
HAPPY FIRST DAY OF SPRING!!!

10:00 a.m. -Tai Chi

2:00 p.m. -Dairy Queen Treat

Tues. Mar. 22: 10:00 a.m. -Mall Walking (leave 9:40 am)

Wed., Mar. 23: 10:00 a.m. -Chair Dance Yoga
2:00 p.m. -Rock the Riverfront (Weather permitting)
5:00 p.m. -Leave for Chillin' Like Villains

Thurs., Mar. 24: 10:00 a.m. -Low Impact Exercise
2:00 p.m. - Chalk Art Contest

Frid., Mar. 25: 10:00 a.m. -Walk-a-Mile
12:00 p.m. -Surprise Outing



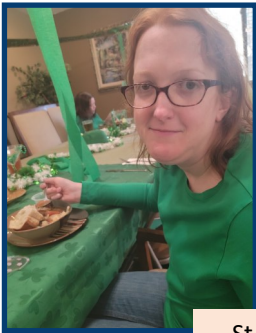
Spring is ready to bring us all the things we love about the season: warmer weather, Easter, and, **Free Cone Day at Dairy Queen.** Every customer gets one free vanilla soft-serve cone to help welcome warmer weather. The first day of spring has been dubbed Free Cone Day at Dairy Queen since 2014, making this the eighth year of the tradition. This year is extra special, too, after last year's cancellation due to COVID-19 worries. So let's enjoy the outing!

Today's message is unique for **Connor's** several reasons. Yes, it will require some time to think about to understand. In addition, I cannot take credit for its authenticity. I am a longtime admirer of "City Scope" magazine and publisher George Mullinix's ability to keep your desire to keep reading. I recently found a quote that I feel deserves recognition:

Heraclitus (a Greek philosopher) believed:



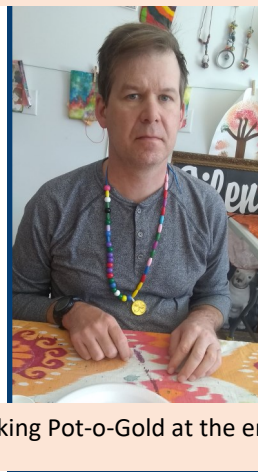
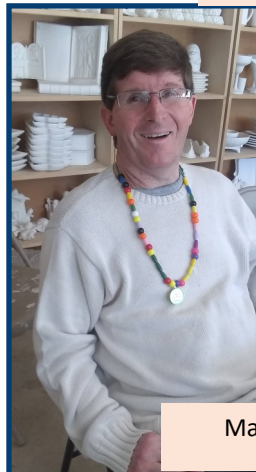
"No man ever steps in the same river twice, for it's not the same river and he's not the same man."



St. Patty's Day Dinner!



St. Patty's Day BINGO Winners!



Making Pot-o-Gold at the end of rainbow necklaces



A couple of happy leprechauns!

