

WEEKLY ACTIVITIES

Mon., Feb. 14:♥♥♥ **HAPPY VALENTINE'S DAY!** ♥♥♥

10:00 a.m. - Tai Chi

2:00 p.m. - Chocolate-covered strawberries

6:00 p.m. - Special Valentine's Dinner

Tues. Feb. 15:

10:00 a.m. - Mall Walking w/ Parks & Rec (leave 9:30 am)

2:00 p.m. - WalMart Outing

Wed., Feb. 16:

10:00 a.m. - Chair Dance Yoga

2:00 p.m. - Crafts

Thurs., Feb. 17:

10:00 a.m. - Low Impact Exercise

2:00 p.m. - Love Song Karaoke ♥♥

Frid., Feb. 18:♥♥♥ **HAPPY BIRTHDAY, ORLANDO!** ♥♥♥

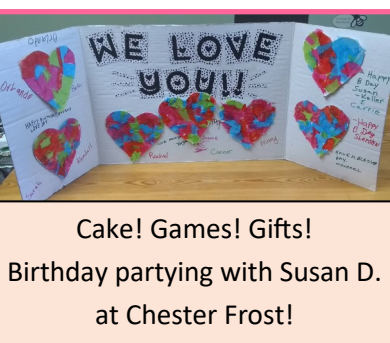
10:00 a.m. - Walk-a-Mile

2:00 p.m. - Surprise Outing!!??!!

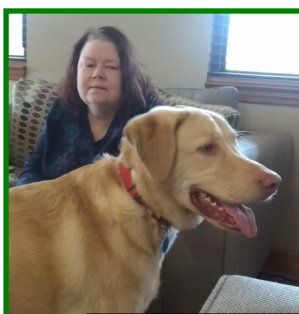


we're even working on creating our own "Chair Dance Yoga" routine (with official tee shirts!!)

Results from recent doctor visits are showing how hard everyone has been working. One resident has lost 11 pounds, another lost 12 pounds - and one resident lost 17 pounds!

**Congratulations!**

Cake! Games! Gifts!
Birthday partying with Susan D.
at Chester Frost!



What fun to meet Lucy, a therapy-dog-in-training,
and her owner Kelly Underwood, when they stopped
by Hope House for a visit. An unexpected treat!



1st and 2nd place bowling winners: Connor and Tina



**"Whatever you are,
be a good one."
Abraham Lincoln
Happy Birthday,
Abe Lincoln. Sat. Feb. 12**