

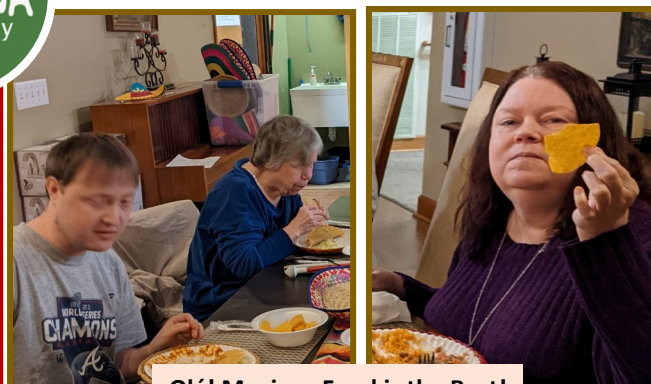


WEEKLY ACTIVITIES

- Mon., Jan. 31:** 10:00 a.m. - Tai Chi
2:00 p.m. - "Luck of the Draw" Karaoke 
- Tues., Feb. 1:** **CHINESE NEW YEAR : Year Of The Tiger**
10:00 a.m. - Mystery Walk : Destination Unknown!!
2:00 p.m. - Cooking with Beth at Faith House
- Wed., Feb. 2:** **Happy Groundhog Day!!**
10:00 a.m. - Chair Dance Yoga
2:00 p.m. - Chester Frost Outing!!!!
- Thurs., Feb. 3:** 10:00 a.m. - Low Impact Exercise
2:00 p.m. - Dominoes Tournament
- Frid., Feb. 4:** 10:00 a.m. - Walk-a-Mile
2:00 p.m. - Make Valentine's Cards for Friends



- Groundhog Day is only celebrated in the U.S. It is said if the groundhog sees its shadow on Feb. 2, there will be six more weeks of winter.
- Groundhogs are the largest members of the squirrel family.
- Other names for groundhogs include woodchucks, whistlepigs and land-beavers.
- Groundhogs are great climbers and swimmers and that helps them to escape their enemies.
- Groundhog burrows have different "rooms," including a "bathroom" chamber.
- The state of Alaska doesn't have groundhogs. It celebrates Marmot Day on February 2 instead!!!



Olé! Mexican Food is the Best!



Games & More Games



Checkers Tournament

