



WEEKLY ACTIVITIES

- Mon., Sept. 20:** 10:00 a.m. - 30-Day Meditation Challenge
2:00 p.m. - Cupcake BINGO!! 🍪🍪🍪🍪
- Tues., Sept. 21:** 10:00 a.m. - 30-Day Meditation Challenge
2:00 p.m. - Pets-n-Popcorn (Let's watch an animal movie!)
- Wed., Sept. 22:** 10:00 a.m. - 30-Day Meditation Challenge
2:00 p.m. - Art with Mary 🍿
- Thu., Sept. 23:** 10:00 a.m. - 30-Day Meditation Challenge
2:00 p.m. - Cooking with Beth
- Fri., Sept. 24:** 10:00 a.m. - Exercise Class
2:00 p.m. - At-Home, Inside Bowling!



Tina's game day gear



Rogers gets into 'Chair Dance Yoga'



Sub sandwich lunch, thanks to Beth!



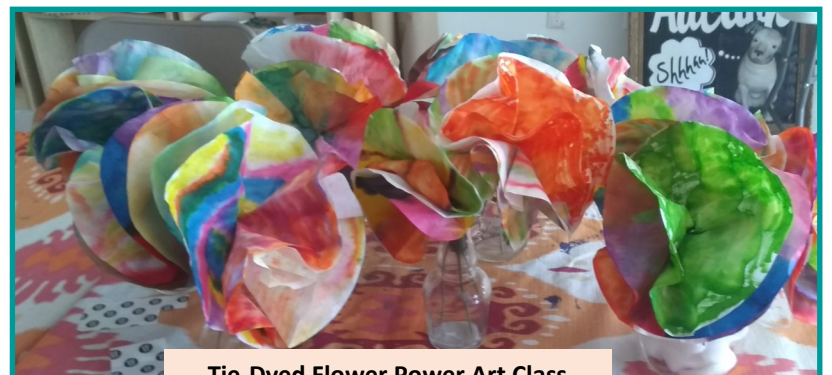
Connor's Corner

"Therefore you may have sorrow, but I will see you again and your heart will rejoice, and your joy, no one will take from you"

Heavenly guaranteed throughout eternity.



Licking the spoons: the best part of cooking!



Tie-Dyed Flower Power Art Class

