





## WEEKLY ACTIVITIES

- Mon., Aug. 9:** 10:00 a.m., Low Impact Exercise  
2:00 p.m., Books-a-Million Outing. **Bring Your Own \$\$\$\$ !!**
- Tues., Aug. 10:** 10:00 a.m., Yoga & Meditation  
2:00 p.m., Karaoke!!
- Wed., Aug. 11:** 10:00 a.m., Chair Dance Yoga  
2:00 p.m., Arts & Crafts
- Thur., Aug. 12:** **HAPPY BIRTHDAY, RACHEL!**    
10:00 a.m., Weights with Susan  
2:00 p.m., Movie and Popcorn
- Frid., Aug. 13:** **IT'S YOUR LUCKY DAY!!! (Even if it is Friday the 13th)**  
11:30 a.m., Fast Food Friday **Bring Your Own \$\$\$ !!**  
1:00 p.m., Walking at **GREENWAY FARMS**



Too bad there's not an Olympic "Paddle Ball" competition. We wouldn't win, but we'd look good with our colorful DIY paddles!



New raised bed garden boxes have arrived, & thanks to the amazing help from St. John the Divine youth group, we're ready to start filling them with dirt. We won't have a harvest for awhile, but thank you St. Martin's Episcopal & Fr. Jim Wallace for sharing your bounty with us!



### Curbside recycling pick-up is on vacation!

Please do your part to keep Hosanna green by sorting your bottles, cans and plastic items in the marked boxes - at **both** Faith House and Hope House. Thank you!



## SUMMER MELON

by Tricia Stohr-Hunt

Full of water  
full of sweet  
juicy, messy  
treat to eat.

Dessert of summer  
picnic jewel  
ruby red and  
oh so cool!



There's nothing like beating the heat with summer-time's most refreshing fruit on National Watermelon Day, August 3, celebrated earlier this week. We got festive and mixed our melon with grapes and cantelope in a special cut watermelon bowl.

The Bible explains that as we go through discomfort, grief and trials, the Lord will show His compassion and love. He asks us to not lament over the way things are when we are suffering, but to search for Him in times of adversity. When you search for Him truly, you will not fail to find Him. What occurs is God's unfailing LOVE increases in its intensity.

The Bible clarifies in Jeremiah 29: 13-14. "And you will seek Me and find Me, when you search for Me with all your heart, I will be found by you, says the Lord..."

Lamentations 3:32 convincingly adds: "Though He brings grief, He will show compassion, so great is His unfailing love."