



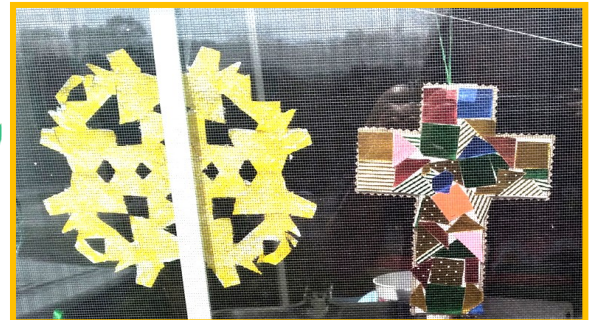
WEEKLY ACTIVITIES

- Mon., Apr. 5:** 10:00 a.m., Low Impact Exercise
2:00 p.m., Art with Mary/Cards for Aunt Margaret
- Tues., Apr. 6:** 10:00 a.m., Yoga and Stretching
2:00 p.m., Nature Hike - Mystery Location!
- Wed., Apr. 7:** 10:00 a.m., Chair Dance Yoga
2:00 p.m., Hoola-Hoop Games & Jump Rope Competition
- Thur., Apr. 8:** 10:00 a.m., Working with Weights
2:00 p.m., Cooking with Beth
- Frid., Apr. 9:** 10:00 a.m., Walk-a-Mile Challenge
12:00 p.m., Salad Bar Lunch!!
- Sat., Apr. 10:** Trip to WalMart!!



**Ha - Ha - Ha!
Did You Fall
For it??!!**

**An April Fool's Joke,
Hosanna style:
A bowl full of red hot
Atomic Fireball
jawbreakers disguised
as pieces of gum!!**



A Dogwood Tree Legend

Have you noticed the dogwood trees blooming around Hosanna? And have you ever heard the legend of the dogwood tree? It is most suitable for this time of year.



According to legend, at the time of the crucifixion of Christ, dogwood trees grew tall and strong in Israel. So the dogwood tree was the natural choice when it came to building a cross. It forever changed the appearance of the tree. After Jesus died on the cross, he cursed and blessed the dogwood. He cursed the tree by making it smaller, and he tangled its branches. He blessed the tree with beautiful blossoms that flower every spring to remind us of the resurrection of Christ. As the story goes, three days after the crucifixion, on Easter, Christ rose from the grave and - for the first time - all the dogwoods were full of white blossoms.

The blossoms of the dogwood have four petals that form the shape of a cross. The tips of the blossom look like nail prints. The center of the dogwood blossom has a tight cluster that looks like the crown of thorns that Jesus wore on the cross. And the tips of the dogwood blossom are dark red or brown, and remind us of the blood Jesus shed.

