



WEEKLY ACTIVITIES

Sun., Mar. 28: **PALM SUNDAY**

Mon., Mar. 29: 10:00 a.m., Low Impact Exercise
2:00 p.m., Art with Mary

Tues., Mar. 30: 10:00 a.m., Yoga and Stretching
2:00 p.m., Easter Bingo

Wed., Mar. 31: 10:00 a.m., Chair Dance Yoga
2:00 p.m., Cooking with Beth

Thur., Apr. 1: **APRIL FOOL'S DAY!!**
10:00 a.m., Working with Weights
2:00 p.m., Easter Gospel Karoke

Frid., Apr. 2: 10:00 p.m., Walk-a-Mile Challenge
2:00 p.m., Easter Games Outside

SUNDAY, APRIL 4 - HAPPY EASTER!



MAC
McKamey Animal Center

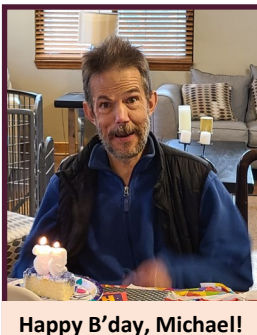
Help the Earth & Help McKamey Animal Center at the same time. Save & collect aluminum soda cans for Christina's volunteer project for McKamey. Take cans to the Tree House!



Cutest Peeps Ever!



Good job, Rachel, on 3500 Erlanger volunteer hours!



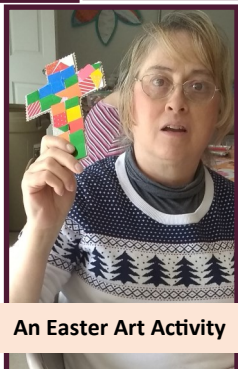
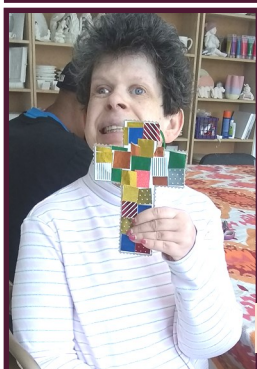
Happy B'day, Michael!



Getting the garden ready



Hunkering Down at Hope House



An Easter Art Activity



Today, I am going to reiterate a message from an Interim Rector of St. Peter's Episcopal Church, who is a friend of mine, the Rev. Rob Nichols. His two years' service was responsibly spent explaining how we all need to HONOR and SUPPORT our appointed bishop, his staff, our vestry, members and elected leaders, also including care for each other. He was adamant in expressing his goal of helping us feel the need to HONOR and SUPPORT their work. Admittedly, some of their tasks must be done confidentially and that requires trust. Interestingly, Rob wasn't discouraged to define his message. HONOR means to "respect changes given to Vestry members ... trust the system even when it's hard to do," and HONOR means to "give continued hope" through the power of prayer. SUPPORT, he noted, by asking: "where true help is needed," and continue "praying daily," to realize the benefits of being close to one another, professionally and spiritually.

Rob explained that to be successful in copying Julian of Norwich, known for saying: "all manners of things shall be well," one needs to trust in the Lord. HONOR God and seek SUPPORT from the Holy.

Connor's

Corner