



WEEKLY ACTIVITIES

Mon., Feb. 22: 10:00 a.m., Low Impact Exercise

2:00 p.m., Art with Mary

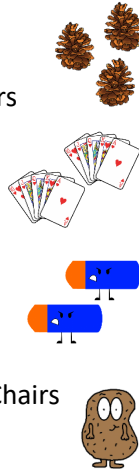
7:00 p.m., Cards & Games

Tues., Feb. 23: 10:00 a.m., Yoga and Stretching
2:00 p.m., Make Pine Cone Flowers

Wed., Feb. 24: 10:00 a.m., Chair Dance Yoga
2:00 p.m., Cooking with Beth
7:00 p.m., Cards & Games

Thur., Feb. 25: 10:00 a.m., Working with Weights
2:00 p.m., Nerf Wars!!

Friday, Feb. 26: 10:00 a.m., Walk-a-Mile Challenge
2:00 p.m., Hot Potato & Musical Chairs
7:00 p.m., Cards & Games



Fat Tuesday - Hosanna Style



Although I have heard and seen this theme preached and written about several times in my life, I believe we all need not just to think about how wonderful HIS love is. I mean, first of all, HE knows exactly what we need and what we want before we ask. We need to be thankful knowing there is nothing impossible for HIM to overcome. When we realize this, trusting HIM to help us with our daily needs shouldn't be difficult. I will end today's message with a fitting rhyme:

Connor's

Corner

Have you ever thought of Jesus' birth?
Nothing can match the promise of "peace on earth."
Even when we feel it's hard to cope
HE restores our hearts with heavenly hope.
Yes, HIS gifts with love are always nice,
But kindness can't be purchased at any price.
Regardless, HE gladly helps lead the way
Meeting our needs with gifts each day.



It's the Year of the Ox!



Edible Mardi Gras Beads



Happy Half Century, Orlando!



A Week Full of Parties:
Orlando's 50th Birthday!
Chinese New Year!
Mardi Gras!

