



## WEEKLY ACTIVITIES

**Mon., Feb. 15:** 10:00 a.m., Low Impact Exercise  
2:00 p.m., Art with Mary  
7:00 p.m., Family Feud: Faith vs Hope

**Tues., Feb. 16:** 10:00 a.m., Yoga and Stretching  
2:00 p.m., Make Edible Mardi Gras Necklaces

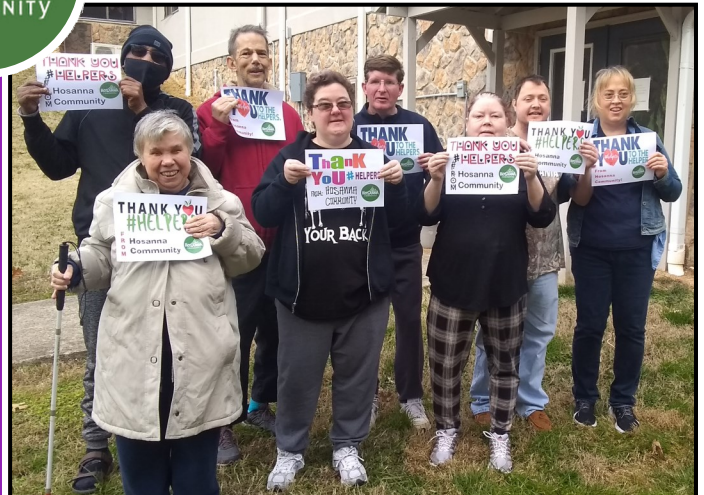
**Wed., Feb. 17:** 10:00 a.m., Chair Dance Yoga  
2:00 p.m., Cooking with Beth  
6:00 p.m., Mardi Gras Party!!

**Thur., Feb. 18:** 10:00 a.m., Working with Weights  
1:00 p.m., Movie & Snacks

**HAPPY BIRTHDAY, ORLANDO!!!**

**Friday, Feb. 19:** 10:00 a.m., Walk-a-Mile Challenge  
2:00 p.m., Bowling!

**Sat., Feb. 20:** 8:00 a.m., Bagel Buffet Breakfast



Saying 'Thank You' to the staff & nurses at the Chattanooga-Hamilton County Health Dept. We took a basket of muffins for them to the Hubert Fry vaccine site.



Thank You, Signal Mtn. Lion's Club, for the kind donation to Hosanna Community. Bruce Bishop (Michael's dad & a Signal Mtn. Lion's Club member) is shown with Mary.



Super Bowl Fun!



## THE FINAL WORD:

Our Lord gives so much to define his true role  
Remember, it is only God who can truly save a soul.  
He tries to lead us down a path of righteousness  
Filled with happiness, good health and blessed holiness,  
While assuring we avoid the pains of headache and heartache  
HIS wisdom gained allows for decisions easier to make.  
Realizing life is: Making one choice after another  
Reminds us all: His care isn't hard to discover.  
Admittedly, we all try to create our own story.  
To be honest, is it something that we can do?  
After all, some of man's decisions are pretty absurd.  
But let's face it: God does have the final word.

## Connor's

Corner



## CHARADES!

Susan = Jumping Jacks  
Carrie = Hear  
Orlando = Ballerina