



WEEKLY ACTIVITIES

Mon., Nov. 23: 10:00 a.m., Yoga and Stretching
2:00 p.m., Foil Art with Mary

Tues., Nov. 24: 10:00 a.m., Low Impact Exercise
2:00 p.m., Scarecrow Oatmeal Pies



Wed., Nov. 25: 10:00 a.m., Let's Make Pumpkin Pies!
2:00 p.m., Meditation

Thurs., Nov. 26: **HAPPY THANKSGIVING!**

Morning - Watch the Macy's Day Parade

6:00 p.m., THANKSGIVING FEAST @ HOPE HOUSE!

Friday, Nov. 27: **A Day of Christmas Decorating!!**

Join the fun at 2:00 p.m. to hang ornaments and
enjoy some hot chocolate



Offering true gratitude and thankfulness requires significant actions. I do believe the Bible is the best source to find suggestions on thankfulness, and more importantly the absolute importance of doing so while realizing God answers prayers. As a result, I'd like to share something that was forwarded to my mama on her computer. The following "Rules from God for 2009" are superb ways to cut the chaos in your life. I feel very encouraged by this advice ...

Connor's

Corner

1. **Wake Up!** It's your choice and decision. "Today is the day the Lord hath made, let us rejoice and be glad in it." Ps 118:24
2. **Dress Up!** The best way to dress up and improve your looks is to put on a cost-free smile. "The Lord does not look at the things man looks at. Man looks at outward appearance; but the Lord looks at the heart." 1 Sam 16:7
3. **Shut Up!** Be encouraging & listen. God gave us ears and one mouth to listen twice as much as talking. "He who guards his lips guards his soul." Prov 13:3
4. **Stand Up!** For what you believe or you will fall for anything. "Let us not be weary in doing good; for at the proper time, we will reap a harvest if we do not give up. Therefore, as we have opportunity, let us do good." Gal 6: 9 - 10
5. **Look Up!** To the Lord. "I can do everything though Christ who strengthens me." Phil 4:13
6. **Reach Up!** For higher goals. "Trust in the Lord with all your heart and He will direct your path." Prov 3: 5 - 6
7. **Lift Up!** Your prayers. "Do not worry about anything, instead PRAY ABOUT EVERYTHING." Phil 4:6



Nothing says 'FALL' quite like a toasty bonfire on a crisp day with a messy, ooey-gooey s'more treat!

