

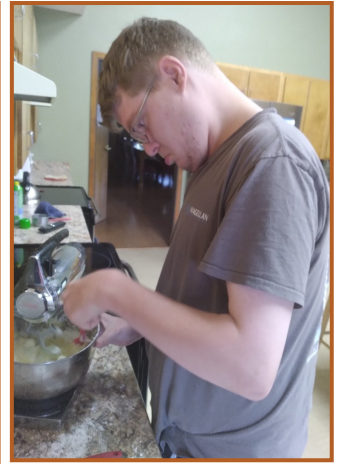
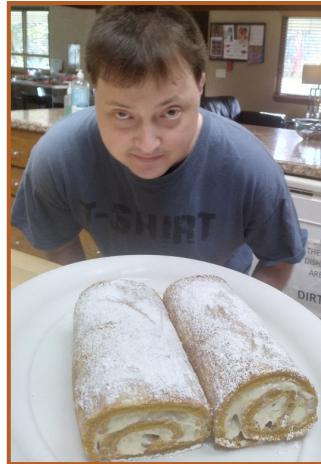
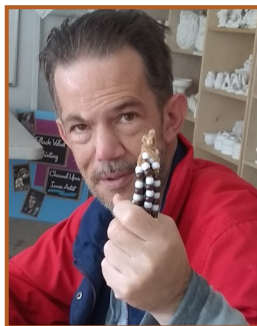
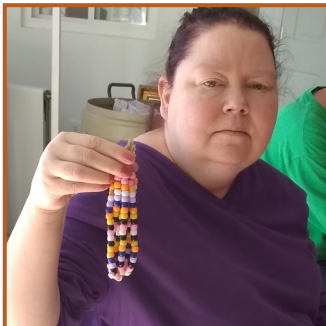
**WEEKLY ACTIVITIES**

- Mon., Nov 16:** 10:00 a.m., Yoga and Stretching  
2:00 p.m., B-I-N-G-O!!
- Tues., Nov. 17:** 10:00 a.m., Low Impact Exercise  
2:00 p.m., Bon Fire and S'Mores
- Wed., Nov. 18:** 10:00 a.m., Chair Dance Yoga  
2:00 p.m., Fall Fingernail Manicures!
- Thurs., Nov. 19:** 10:00 a.m., Working with Weights  
2:00 p.m., Cooking Class with Beth
- Friday, Nov. 20:** 10:00 a.m., Walk-a-Mile Challenge  
2:00 p.m., Country Karaoke!!!!



With Thanksgiving Day just two weeks away, I can confidently give a few examples of why I feel blessed to be a Hosanna Community resident. Our consistently caring staff members, selected by our Executive Director with Board approval, remain positively encouraging. This is a living facility that cares for board members, residents, staff, volunteers and the Chattanooga community. It seems our staff, who make a noticeable positive influence on all that we do, are also happy giving back appreciation and thanks to all who have played a part in our success. I am particularly thankful for those who continue to show a willingness to share their time and talent as well as personal care and resources to make Hosanna a better place to live and work. Susan DiStefano has mentioned a desire for everyone to be encouraging and positive. I feel thankful for that advice.

**Conner's  
Corner**



**It Was All About Fall This Week At Hosanna:  
Pumpkin Roll, Beaded Painted Indian Corn,  
Leaf Art Creations - Even a Bit of Sunshine!**

