

WEEKLY ACTIVITIES

10:00 a.m., Walk a Mile Challenge Mon., Nov 9:

2:00 p.m., Art with Mary

10:00 a.m., Low Impact Exercise Tues., Nov. 10:

2:00 p.m., Leaf print project

Publix trip. Give list and gift card to Susan

Hosanna Community:

Wed., Nov. 11: 10:00 a.m., Yoga and Meditation

2:00 p.m., Sun Art Group Project

Walmart trip - money and list to staff **Dine-In Dinner!**

Thurs., Nov. 12: 10:00 a.m., Working with Weights

2:00 p.m., Cooking Class with Beth

Friday, Nov. 13: 10:00 a.m., Chair Dance Yoga

2:00 p.m., Karaoke!!!!

Eeekkk!! It's Friday the 13th!

Caught Red-Handed Resident Round-Up

We saw **YOU** being helpful and kind:

- Carrie Offering to make the bed for a fellow resident
- Connor Making our grounds look so good by sweeping and raking
- Rogers Volunteering to wash lunch dishes
- Sherolyn Helping to clean up after the carnival
- Keller Helping to clean up after the carnival





Good Job!

























