

## **WEEKLY ACTIVITIES**

Mon., Oct. 19: 10:00 a.m., Yoga/Meditation

2:00 p.m., Weaving Art Class

Tues., Oct. 20: 10:00 a.m., Low Impact Exercise

2:00 p.m., Watch the Halloween Movie Classic:

"It's the Great Pumpkin, Charlie Brown!"

and make popcorn balls

10:00 a.m., Chair Dance Yoga Wed., Oct. 21:

2:00 p.m., B-I-N-G-O!!

Thurs., Oct. 22: 10:00 a.m., Working with Weights

2:00 p.m., Cooking Class with Beth

Friday, Oct. 23: 10:00 a.m., Walk-a-Mile Challenge

11:30 p.m., Chester Frost with fried chicken

## **Have You Been Caught RED-HANDED?!**

Being caught "red-handed" is not often something you want to have happen. It means you've been nabbed doing something you shouldn't be doing. BUT at Ho-

> sanna, being caught "redhanded" is a good thing, a

reward for a resident who is

"caught" doing something just <u>a bit above &</u>

beyond, such as helping a house mate or staff member. Keller and Ian are our first "Red-Handers"! Good Job!! And thanks!



## YUMMM .... Making Star Chocolate













men get manicures.







**Holiday Countdown! Making Some Christmas Ornaments** 





