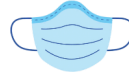




WEEKLY ACTIVITIES

- Mon., Aug. 3:** 10:00 a.m., Yoga and Meditation
12:00 p.m., Taco Bell pick-up, dine-in lunch. Cost is on you!!
2:00 p.m., Art Project
- Tues., Aug. 4:** 10:00 a.m., Low Impact Exercise
2:00 p.m., Let's Make Cotton Candy + Games!
- Wed., Aug. 5:** 10:00 a.m., Jazzercise
2:00 p.m., Picnic at the Lake. Must Bring Masks!!
- Thur., Aug. 6:** 10:00 a.m., Back by Popular Demand: Chair Yoga!
2:00 p.m., Let's Make Granola!!
3:00 p.m., Karaoke (if time permits)
- Fri., Aug. 7:** 10:00 a.m., Dancing to the Oldies
2:00 p.m., Art with Mary



In this coronavirus epidemic, I feel we should remain thankful to God - even when it may seem that blessings don't come. Well-known TV preacher Dr. Robert Schuller gave what I feel is the absolute best advice. He was visiting a Chinese Christian in Hong Kong who had a huge sign above his desk with only two words: "Hallelujah anyway!" Dr. Schuller asked him what it meant. The man said, "God is blessing me always, and I must be thankful at all times." Dr. Schuller's assessment: "Attitude works miracles. Believe that God will turn tragedy into triumph." He adds an insight that I find to be so powerful: When you believe God can turn an evil into a blessing, you relax. When your attitude changes, your mood changes. When your mood changes, you rise above the difficulty and a miracle takes place. Your large mountain/problem amazingly is now a miracle. Eventually, your optimism attracts support from many great people. I hope you will be inspired to do as Dr. Schuller suggests when he wondered about "Hallelujah anyway." "Be thankful anyway - and expect a miracle." All said, I believe we all need to stop complaining when things may seem to be going badly ... and thank God anyway.

Connor's

Corner



**Cooking With Vegetables
Can Be Fun and Very
Tasty!!**



**Fun with water soakers, blasters and hoses ... THAT's the perfect way to cool off
at Hosanna on a hot_ and humid July afternoon!!**



**Hosanna's Vegetable
Garden Bounty**

