



WEEKLY ACTIVITIES

Mon., July 6: 10:00 a.m., Yoga and Meditation

2:00 p.m., **STARBURST CHECKERS!**

Tues., July 7: 10:00 a.m., Exercise and Meditation

2:00 p.m., Let's Make Leaf Prints

Wed., July 8: 10:00 a.m., Thumbprint Art

2:00 p.m., Make-Your-Own-Banana Split!



Mystery Dine-In Dinner!!

Thurs., July 9: 10:00 a.m., Heart Rainbow Art

2:00 p.m., Cooking with Beth!!

Frid., July 10: 10:00 a.m., Mystery Activity!!!!?

2:00 p.m., Art with Mary



Happy July 4th Everyone!



Today, thanks to the kindness of

Connor's

Corner

Mrs. Georgia Scott who lent me the poetry book, "Songs of Praise and Victory," written by her grandmother Corde Hawkins Gatewood, I am sharing with you a piece I feel is a meaningful suggestion for us to follow. Poems tend to hold several messages, but this one is pretty direct and convincing. So, I do hope you enjoy ...

The Little Things of Life

If you cannot do great things,
Just go the second mile;
It's the little things that count
And make all life worthwhile.

So many hearts are hungry
for sympathy and love.
So pass the cup of kindness
And help lift hearts above.

A smile is like sunshine
To drive the clouds away;
A mile will drive the shadows
From someone's dreary day.

A kind, encouraging word,
A pressure of the hand
A greeting - a friendly note
To say you understand.

A pray'r for one in sorrow
Or in temptations hold
They'll not know,
but yet will find
Serenity of soul

...enough said

