



WEEKLY ACTIVITIES

Mon., April 20:

10 a.m., Start the day with stretches outside! Yoga/meditation outside or at Hope House.
2 p.m., Gather your treasures up ... Decorate keepsake boxes!

Tues., April 21:

10 a.m., Get together for a workout. Exercise Class @ Hope House, followed by a nature walk.
Noon Can't beat this! Lunchtime with Chick-Fil-A.
2 p.m., Ooo La La!! Let's get manicures. Hope House.

Wed., April 22:

10 a.m., Picture this ... decorate some picture frames!
2 p.m., We're going on a scavenger hunt!

Thurs. April 23:

10 a.m., Get messy with something tasty. Cooking class.
2 p.m., Outdoor games and indoor cards.
Dine - In Dinner from Amigo's! Ole!



Friday, April 24:

10 a.m., Art with Mary at The Tree House.
2 p.m., Karoke!



We had a week full of activities at Hosanna: flower pot painting, flower planting, a nature walk around the grounds, even a good old-fashioned game of croquet. (Rachel reigned as champ!)

