



WEEKLY ACTIVITIES

Mon., April 13:

10 a.m., Keep Calm and Carry On ... Yoga and meditation at Hope House.

2 p.m., Science fun!! Turn ordinary rocks into glimmering crystal treasures! (Games to follow)

6 p.m., Dinner Dine-In Pizza Night!

Tues., April 14:

10 a.m., Get your blood pumping. Exercise Class @ Hope House, followed by a nature walk.

2 p.m., Design your own jigsaw puzzle.

Wed., April 15:

10 a.m., Blingy fun with bead jewelry art creations.

2 p.m., Flower planting project, with card games to follow.

Thurs. April 16:

10 a.m., Class in the kitchen with a cooking hands-on learning experience.

2 p.m., Wicket this! Croquet game on the ground.

Friday, April 17:

10 a.m., Art with Mary at The Tree House.

12 noon, Homemade lasagna for lunch (yum!), courtesy of the Reiflers. Card games to follow.

Sun. April 19:

Happy Birthday, Susan Evans! Here's to many more!



Yoga, exercise, meditation, along with deep breathing relaxation techniques have been an important part of our days at Hosanna these past few weeks. A great way to kick-start the morning!



The Gift

What Easter Is:
Sweet chocolate rabbits
Pretty spring flowers
Baskets full of candy.

A promise of the future
A gift to receive
A beautiful, perfect plan.
Winter now is over
Easter at last is here
Life has been renewed.

Alleluia! He is Risen!
He is Risen, Indeed. Alleluia!

