



WEEKLY ACTIVITIES

Monday, March 30: 10 a.m., 10 a.m. Breathe deep and focus. Start your day with some yoga and meditation.

2 p.m., Brighten our community - only do it on the sidewalk. Sidewalk chalk art.

Tuesday, March 31: 10 a.m., Hope House - Get the blood pumping with EXERCISE!

2 p.m., Know when to fold 'em. Card games this afternoon!

Wednesday, April 1: 10 a.m., No FOOLING around. We're doing scratch art at Hope House. (Happy April Fool's Day!)

2 p.m., No time to get bored ... we're playing Board Games today!!

Thursday, April 2: 10 a.m., Do you knead some dough? Let's make it then!! Kitchen fun making bread dough.

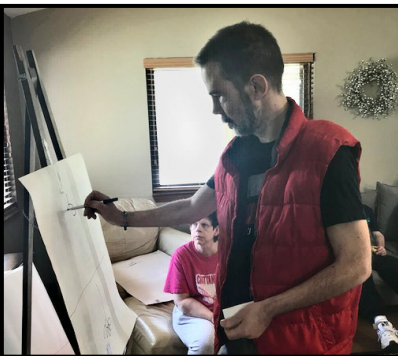
2 p.m., Watch your bread dough grow in Flower Pot Bread Baking.

Friday, April 3: 10 a.m., Flashback to Flash Dance—We're having a "Dancing to the Oldies" party.

2 p.m., Get creative with an Art Project at The Tree House.



Games, games and more games - that was the name of the game this week at Hosanna ... from giant Pictionary (Michael really stumped everyone with his drawing of an apple!) to Uno, checkers and corn hole. (Watch out for Sherolyn with corn hole. She has quite the arm with a bean bag!)



Friday, March 20, was **Connor's Corner** the official day determined to mark the season of the year when weather becomes warmer and nature's animals and plants grow and revive. Spring brings several expectations: Many individuals carry a feeling of yearning for a little bit of rejuvenation known as "spring fever." A very popular tradition, and one that I would highly recommend is to spend time extensively cleaning your home after winter. "Spring cleaning" is appropriate during a season that typically brings many colorful leaves on trees and pretty flowers to create true "spring beauty." Admittedly, a fairly non-existent slow winter may result in an excess of bees, mosquitoes, wasps and yellow jackets. But Hosanna property always provides an extensive amount of truly beautiful flowers, such as redbuds, roses, azaleas, apple trees with translucent early green leaves as well as a bunch of butterflies.

March has provided April a head start on showers for "May flowers," and I am happy to report I foresee an awful lot of very nice foliage to sprout on Grubb Road this year. So, Spring, do arrive. We are ready!