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This month's CABIA support group meeting included all kinds of pampering. Above: we had quite a crowd that wanted to participate! Left, Orlando & Kirk get comfortable on the floor.

Rainy day activities: Michael tries to solve a Rubik's cube, while Rogers listens to music and plays on the computer.



THANK YOU to our friends at the **SODDY SENIOR CENTER!!!**

Many thanks to Barb and Phil Angel, friends from the Soddy Daisy Senior Center, who recently dropped off a load of grocery and pantry items.

WEEKLY ACTIVITIES

Tuesday, Feb. 26, The folks from Stuart Heights are back at Faith with dinner!

Wednesday, Feb. 27, Susan gets baking at Faith House at 2:00. Come join her!

Friday, March 1, Fast Food Friday, 11:30 — we're headed to KFC!!

Sunday, Feb. 24, weekly trip to Walmart after lunch.

Below: Even in the rain, compost needs to be taken out! Right: Lake Hosanna behind Faith House.



Today, let me first admit this is-
Connor's
Corner
issue's main focus relies on and re-iterates words written to St. Peter's Episcopal Church over the past year by my mentor and friend, Rev. Quinn Parman. His writings continue to play a significant part in my heavenly journey and I feel can be helpful in your spiritual maturity. You can find them on the St. Peter's website under "newsletters." Quinn frequently will discuss the different seasons of the Church Calendar and the importance they play in our lives. We've recently celebrated Advent and Christmas, the passing of which, interestingly, puts us into the first of the "ordinary" seasons in the Episcopal calendar. Admittedly the first week of March offers Ash Wednesday, to be immediately followed by the season of Lent, then Holy Week and Easter. So, yes, the celebration of the resurrection is soon. Until then, Quinn politely ponders "how will we cultivate holiness in the ordinary times?" Well, my friends, it's not going to be a "get busy" task. Quinn feels and I highly urge you to realize that "we are called to be still and know that God is God."
ECR