## The Hosanna Community News

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As 2018 comes to its final days, I urge you to not get caught up in living in your past, but instead learning from it. As a Hosanna Community resident that is thankful for our staff's commitment to helping enhance our quality of life while remaining thankful for the many blessings we continue to receive, I am also grateful for their encouraging care and encouragement that assist us in learning appreciated as well as productive people living in Chattanooga. We have various special needs, but we continue to receive a high quality of love and respect. I'm sure 2018 has had many ups and downs for everyone reading this newsletter. However, as my opening line urges, try to learn from your many events you were involved in. As I close, let me remind you that you've been blessed with the ability to choose. No one can control or decide your attitude other than yourself. If you strive to keep it positive then you can quickly eliminate the "if only" I had been nicer situations. Life is a blessing...a gift... a miracle...but it is also a choice, directed by your attitude. Approach 2019 with a positive, willing-to-accept-change mood. Be thankful that you survived through 2018 and as you face new experiences in the upcoming year, remember the analogy that life is like a sponge: if you want things to go in your favor and you need to express things well, you must make sure to first learn/absorb it well. I wish you all the best.

