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Katie: kwalters.hosanna@comcast.net

Susan: srdistefano@comcast.net

Tania: tbarry.hosanna@comcast.net

WEEKLY ACTIVITIES

July 17, Tuesday, CABIA. 6pm. We will leave at 5:30pm.

July 21, Saturday, Ice Cream Social and BINGO. 6:30-8pm All residents encouraged to come!



A million thanks to Signal Mountain Playhouse for inviting us to their annual Shrek the Musical. What a joyous outing for our residents!

Did you know? July is National Ice Cream Month!



"Cream Ice," as it was called, appeared regularly at the table of Charles I during the 17th century. France was introduced to similar frozen desserts in 1553 by the Italian Catherine de Medici when she became the wife of Henry II of France. It wasn't until 1660 that ice cream was made available to the general public.

Words to Ponder: I have found that if you love life, life will love you back. -Arthur Rubinstein



Remember: If you have mail that needs to go to the office (For Susan, Katie, or Tania) please send to PO Box 958, 37343. Residents mail can still be sent to the street address. Thank you!

