August 31, 2015 Vol.5, Issue 42

Katie: kwalters.hosanna@comcast.net Susan: srdistefano@comcast.net

Upcoming activities:

Wednesday, Sept. 2, afternoon movies at Hamilton Place: *Tomorrowland,* the story of a young girl who discovers that when she touches a lapel pin with the letter T on it, she finds herself transported to Tomorrowland, a city filled with huge robots and sleek buildings. She recruits the aid of a fellow Tomorrowland-traveler and the two adventurers travel to the metropolis to uncover its mysterious secrets. We will leave at 12:30.

Saturday, September 5, It's the last Riverfront Nights concert of the summer and this week's headliner is **Stokeswood**. One reviewer describes them as a marvel to watch, as they switch between instruments, giving up their spot on keys, synths and guitar like a game of musical chairs, all the while keeping up an irresistible, danceable backbone to the imaginative melodies and powerhouse, and gutwrenching vocals. The band undeniably owns the room with their unique unpredictable sound, expressive beats and high-energy presence. We'll leave after dinner.



Because I am very proud of my recent column stressing the importance of choosing to remain FOCUSED to find happiness and success in your life, I believe you will understand today's theme that life is truly a choice. Regardless of the location of birth, religious affiliation, or time it happened, I am asking you to look at your blessed life in this manner:

You are not born a winner. You are not born a loser. You are born a CHOOSER.

Once you accept the fact that your life is determined by the choices you make, your life can become happier. What goes around, yes, will come right back around. You'll be amazed how much easier and less stressful your life can be when you are more positive, and more importantly, a little kinder in the manner that you treat others. Take one minute, right now, and think about it: when someone acts cocky or rude to you, your whole attitude shifts to make you want to respond in a like manner, doesn't it? It's upsetting to be treated as inferior in any way, isn't it? When your everyday nature is marked with unselfish niceness, everyone is happier. In closing, I am asking you to think about the consequences of your choices. Let's make choices to make it more meaningful by being kinder. It's a choice you'll be happy you made. And it's free!