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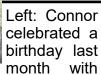
Upcoming activities

Monday, July 11, Solo ladies bring dinner and fun to Hope House. Tuesday, July 12, Faith House goes out to dinner at CiCi's Pizza.

Wednesday, July 13, art project at the Treehouse, 1:00

Thursday, July 14, Come to Faith House at 7:00 and see an amazing demonstration of watermelon cutting. Yes, you read that correctly. We've got a wonderful entertainer coming who does spectacular feats with a watermelon. Afterwards, maybe we'll get to eat some?

Friday, July 15, it's a Friday night in the summertime, so that mean's it's Nightfall and we're adding Krystals to the mix! We'll pick up some tasty treats on our way in. This week the headliner is Israel Nash, an alternative country/ psychedelic rock band. We'll leave at 6:30.



not 1, but 2 Key Lime Pies, his favor-Right: Residents ite! enjoy a night at AT&T Field watching the Chattanooga Lookouts take on the Jackson Generals.

Today's issue will at- Connor's tempt to help you find the powers of true positivity. Because I strongly feel life is a display of attitude, and therefore it is in your best interest to make it a positive one, I'd like you to think about these situations:

- ⇒ The more you know, the less you need to say.
- ⇒ The greatest gift you can give to anyone is the gift of your attention.
- Only by giving are you able to receive more than you already have.
- ⇒ Take good care of your body; it's the only place you have to live!

Do remember your lifestyle—your choices and your attitude—is not an amount, it is a practice. So, it is my recommendation to try and remain happy through the act of consistent kindness. I am many things, including a realist with a positive opinion: kindness rewards kindness; happiness is the end result.

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