March 21, 2016 Vol.6, Issue 19



Today's issue will focus on the many different joys that the season of Spring offers. Everyone, it seems, during this wonderful time of year, feels a remarkable sense of joy and happiness. Birds are singing. The sky is so clear. The winds are refreshing. Every object of nature appears so beautiful. Flowers bloom. New leaves come out of trees. Crops ripen in the fields. It is neither very hot or chilling cold in the Spring. Instead, it is a good season for health.

I understand why so many people are fond of Spring. Interestingly, this season of Spring resembles the effects of a brain injury in a certain way. What I mean is, Spring ultimately provides us with new hope.

All in all, the various beauties of Spring make us forget our sorrows. The many beautiful changes please our eyes. Its freshness tends to destroy our cares. Mid-February to mid-April does not typically provide the cold winds of winter, nor the hot sun of summer. What this season does provide is a series of "new beginnings." I hope you can appreciate what is being given and will be thankful as a result. Get ready. The time is here.

It's been all hands on deck the last few days as we begin clearing out some of our overgrown areas. We cut down some trees and LOTS of privet. Many of the residents and staff pitched in to drag the brush to our fire pit, where it was all burned up nicely (by a professional)!! It's so satisfying to "reclaim" lost territory and we hope to do more throughout the year.



To MICHAEL!! March 21

Please let your House manager know by Wed., 3/23, if you'll be here for Easter Dinner, 5:00, at Faith House.

The office is closed for Good Friday, March 25.

## **Upcoming activities**

Monday, March 21—after lunch, outside games and kite flying!

Tuesday, March 22—Stuart Heights at Faith Wednesday, March 23—Picnic lunch at the Red Bank Duck Pond. That evening, Carol Sims, CEO of Siskin, joins Hope House for dinner.

<u>Thursday, March 24</u>—scrapbooking at Hope House at 12:30

<u>Friday, March 25</u>—horseshoes, badminton, picnic dinner and a campfire beginning at 4:30