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WEEKLY ACTIVITIES

<u>Tuesday, Oct. 31,</u> It's Halloween! Are you ready?

<u>Friday, November 3</u>, Brooke is back from the Hart Gallery for another morning of art in the Treehouse (if it's too cold, we will meet at Hope House). 10:00 am.

Today, I will reiterate my suggestion Connor's on making the choice to smile.

Smiling helps us be more attractive and this is a benefit we do deserve and can use at Hosanna.

A smile, actual research and tests prove, does create a more positive mood for both you and those in your presence. By making yourself and others feel better, you can create more confidence. Therefore, a smile can be understood as an antidepressant. So, all kidding aside, wouldn't you agree that it is in your best interest to get rid of, or prevent, depression, stress, and heavy worries? Well, try smiling more often and I think you'll be amazed.

ECR







SOME HALLOWEEN JOKES

Why do skeletons have low self-esteem? They have no body to love.

What's a ghoul's favorite bean? A human bean.

What do you call a witch's garage: A broom closet.

Where does a ghost go on vacation? Mali-Boo

Why don't mummies take time off? They're afraid to unwind.