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Susan: srdistefano@comcast.net Katie: kwalters.hosanna@comcast.net

Upcoming activities

Monday, Jan. 11, Solo Ladies come to Hope House for dinner and fun!

Tuesday, Jan. 12, Dairy Queen after dinner

Wednesday, Jan 13, bowling after lunch.

Friday, Jan. 15, Jimmy Tawater at the North River Civic Center. We went to see him last year and it was really a fun concert! Leave at 6:30.

Saturday, Jan 16 HAPPY BIRTHDAY, FAYE!!





What to do on a rainy Friday afternoon? Besides taking a nap, here

are some recent choices: enjoy a cup of hot tea with the tv soaps, get beaten in a game of pool, or wait for peanut butter cookies to cool!

This month's H*art Gallery project was especially timely. Residents decorated a bridge representing "now" and then inas representing we would like things to be).

illustrated a sheet of paper with images, colors and feel-"the past:" (how things were) and another for "the future" (how

I'd like to start off the New Connor's Year on a positive note with my readers, so let's cover some observations and suggestions to help you find happiness. Here are some examples of how I feel you can do just that.

- 1. To begin with, stop ignoring and start thanking God.
- 2. You are a test of your own life: make it beautiful.
- 3. Get plenty of exercise, eat a wellbalanced diet, and lie about your age.
- 4. Know that if you do NOT believe in magic, you will never find it.
- 5. Be consistently kind and let no one ever talk to you without being happier.
- 6. Realize that if your priorities are not straight, your life won't be either.

In closing, and this is my personal favorite: Understand that despite the changes and turmoil you may have faced in your life, your life is a beautiful series of blessings, so take time to thank your friends for being part of it.

Happy New Year,

Connor