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## This Week's Activities:

Monday, Sept. 12, Hixson UMC Solo Ladies bring dinner for Hope House.

Tuesday, Sept. 13, bowling team practice 1:00, Dairy Queen after dinner

Wednesday, Sept. 14, bowling team practice 7:00

Friday, Sept. 16, Field trip to Old MacDonald's Farm. We'll have a great day outdoors on the farm and a picnic lunch! Be prepared to leave by 9:15. Then after dinner, we're off to the North River Civic Center for a concert.

Saturday, Sept. 17, Walmart trip for those who need to do some shopping!



Jasmine helps Susan with the bean bag game while above, Linda, Connor and Dustin play another game. Labor Day fun ended with a community meal and root beer floats!



## THE BENEFITS OF GOOD WORK

I found this piece on the web and thought it tied in well with Connor's article. While not everyone can find (or wants) paid employment, we are ALL capable of doing good work, whether it is at home, at our churches, for our family and friends, or as a community volunteer. I encourage you to read below and then think about what YOUR good work can be!

### 1. Good work helps us identify our gifts.

*When we get a job, we can experiment with tasks that can confirm where our greatest gifts and talents lie. The closer we get to serving in our "sweet spot" the deeper our sense of satisfaction.*

### 2. Good work helps us develop discipline.

*When we work on a job, our motivation may only be the paycheck that's coming on Friday, but along the way, we deepen our disciplines; we hone our ability to delay gratification and get beyond doing only what "feels good."*

### 3. Good work raises our self-esteem.

*I believe working a job typically ends up cultivating our self-image. We gain a deeper sense of pride about ourselves; a greater sense of dignity; we want to live by a higher standard.*

### 4. Good work provides big picture vision.

*When we work, we tend to gain perspective. We can see past ourselves; we are humbled by it. Activities we assumed were easy are now clearly not that easy. We appreciate money and what it buys because we know the hours it took to earn it.*

### 5. Good works furnishes fulfillment.

*Finally, when we work at something we believe in, the reward can be internal. More than a salary, we gain an inner sense of gratification. We've added value; we can step back and look with satisfaction at what we've accomplished. This is a divine gift.*

Do you need help figuring out what your good work can be? Talk to your house manager or come see us. Together, we can investigate possible opportunities!

Although today's topic is belated, I'd like to acknowledge last week's legal holiday in the US and Canada. Admittedly, today's economy leads attention and focus to having employment and jobs on Labor Day, but interestingly, I have encountered several individuals who are thankful for the holiday, but have no real appreciation for its purpose or meaning. This is what I mean. As I was entering Siskin's fitness center, I listened to a man say, "Y'all enjoy the 4th or whatever holiday it is on Monday — all I know is I'm not working!" It's easy to forget holidays that, I guess, are not too highly publicized or recognized by our social media. I do feel blessed to be working at McCright & Associates. This year's holiday means I missed being around co-workers I treasure as friends. As everyone felt, a break was appreciated, though.

Connor's

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