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Upcoming activities:

Tuesday, August 4, Terry to Food Bank for SafeServ Food Training class, 11:30-1:00

Tuesday, August 4, trip to Dairy Queen for Blizzards and Bluegrass! We'll leave right after dinner.

Wednesday, August 5, Faith House road trip to Cracker Barrel for dinner.

Thursday, August 6, Nene and Faye to Food Bank for SafeServ Food Training class, 5:30-7:00

Friday, August 7, H*art Gallery comes to work on a project, 10:00 am

Saturday, August 8, Riverfront Nights Concert—headliner Whiskey Gentry , described as a “toe-tapping, steamrolling kind of band, its finger picking deep into fields of bluegrass with a punk-inspired drum kick.

Just a brief column this week—I'm not going to make you expand your minds that much. Nor am I going to bring a topic that will cause confusion or stir up a debate. Instead I'm going to share quotes from two very different individuals, Bruce Lee and Albert Einstein.

Connor's Corner

First, Bruce Lee, the martial arts expert, gives convincing advice on life when he suggests, **“Do not pray for an easy life, pray for the strength to endure a difficult one!”**

Second, the genius Albert Einstein says, **“Get up, dress up, shoe up, and never give up!”**

Stay cool!

ECR



We appreciate our Carta Care-a-Van drivers and the service provided by Carta. Below, Kristin returns from a physical therapy session. The door-to-door service is a wonderful blessing to all our residents who utilize it, whether it takes them to work, to volunteer jobs, or to the gym.

WHAT ARE THE “DOG DAYS OF SUMMER”?

The period of time 20 days before to 20 days after the time that Sirius (the brightest star we can see in the sky, also called the Dog Star) is in conjunction with (or up in the sky at the same time as) the sun in the summer. Ancient Egyptians and Romans argued that it was this star that was responsible for the extra hot summer days because its heat was added to that of the Sun.



New Faith House resident Kirk proceeds to “rack ‘em up”, as Linda lines up a shot. This game was over quickly, however, as Kirk hit the 8 ball into the pocket on his first shot. The score was evened on the next game, as Linda scratched on the 8 ball.

