

WEEKLY ACTIVITIES

Tuesday, February 20, CABIA "Unmasking Brain Injury" project continued. We will leave at 6:30 pm
Tuesday, February 20, Love Your Pet Day! 2nd edition of Talks with Tania where we'll discuss our pets, past and present 10 am in Hope House living room
Thursday, February 22, Soddy Daisy Jamboree! We will leave at 6:45 pm.
Friday, February 23, Come out and hear the Jericho Brass Band! We will leave at 6:30 pm.



Resident, Michael Bishop celebrated one year of smoking cessation! We are so proud of you Michael. Keep up the good work!



Connor's Corner Today I will rely on two quotes to define my hope at us being humble and kind. The first is from the beloved and legendary Helen Keller, who points out, "Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence." The highly respected and easily found Natural Awakenings publication recently addressed the goal of finding happiness. Their efforts led to this suggestion, "Be happy for this moment. This moment is your life." In closing, I will remind you. Our Lord has blessed us with the ability to choose. Everyday you choose an attitude to direct your every action. Let's try to help each other with kindness. We are made in God's image and we need to prove we find happiness with that. ECR

Words to ponder: "You can easily judge the character of a man by how he treats those who can do nothing for him." -- James D. Miles



Weekly Walmart trip Saturday morning!